

1 JOHN K. VAN DE KAMP, Attorney General  
of the State of California

2 SUSAN FITZGERALD  
Deputy Attorney General  
3 110 West A Street, Suite 700  
San Diego, California 92101  
4 Telephone: (619) 237-7309

5 Attorneys for Complainant

6

7

BEFORE THE

8

MEDICAL BOARD OF CALIFORNIA

9

DEPARTMENT OF CONSUMER AFFAIRS

10

STATE OF CALIFORNIA

11

12 In the Matter of the Accusation	)	No. D-4109
Against:	)	
13	)	STIPULATION IN
14 NORMAN KING BEALS, M.D.	)	SETTLEMENT AND
22706 Aspen St., Suite 501	)	DECISION
El Toro, California 92630	)	
15	)	
Physician's and Surgeon's	)	
16 Certificate No. G 6248,	)	
17	)	
Respondent.	)	

18

IT IS HEREBY STIPULATED AND AGREED by and between the  
19 parties in the above-entitled action as follows:

20

1. Kenneth Wagstaff, complainant, is the Executive  
21 Officer of the Medical Board of California (formerly the Board  
22 of Medical Quality Assurance), Department of Consumer Affairs State  
23 of California (hereinafter the "Board"), and is represented in  
24 these proceedings by John K. Van De Kamp, Attorney General of the  
25 State of California, by and through Deputy Attorney General  
26 Susan Fitzgerald.

27

2. Norman King Heale, M.D., (hereafter "respondent"), is represented in all matters pending regarding this administrative proceeding by Christopher Marshall, Esq. of Bonne, Jones, Bridges, Mueller, O'Keefe & Hunt, 3698 Wilshire Blvd., 10th Floor, Los Angeles, California 90010-2719. Respondent has counseled with his attorney regarding this stipulation, its terms and effects, and has carefully read and fully understands its contents.

3. At all times mentioned herein, respondent was licensed by the Board under Physician's & Surgeon's Certificate No. G 6248. On or about November 13, 1989, complainant, in his official capacity as Executive Officer of the Board, filed Accusation No. D-4109, (hereafter the "accusation"), against respondent.

4. On or about November 16, 1989, respondent was served with Accusation No. D-4109, together with all other statutorily required documents, at his address of record on file with the Board, 22708 Aspen Street, Suite 501, El Toro, California 92630. Respondent timely filed his Motion of Release.

5. Respondent has carefully read and fully understands the charges and allegations contained in Accusation No. D-4109. Respondent is fully aware of his rights to a hearing on the charges and allegations contained in the accusation, his right to reconsideration, appeal, and any and all other rights which may be accorded him pursuant to the California Administrative Procedure Act and Code of Civil Procedure. Respondent hereby freely, voluntarily and intelligently waives his rights to a

1 hearing, reconsideration, appeal, and any and all other rights  
2 which may be accorded him pursuant to the California  
3 Administrative Procedure Act and Code of Civil Procedure with  
4 regard to Accusation No. D-4109.

5         6. Respondent, desiring to avoid the expense and  
6 emotional distress attendant to a full evidentiary hearing upon  
7 Accusation No. D-4109, and for the purpose of this proceeding and  
8 any subsequent proceedings between the parties only, and not for  
9 any other proceedings such as criminal or civil actions, if any,  
10 filed against Respondent, hereby admits the truth and accuracy of  
11 each and every allegation against him contained in Accusation No.  
12 D-4109, and that cause for discipline exists against his licensee  
13 to practice medicine in accordance with Accusation No. D-4109.

14         7. In consideration for the foregoing stipulations,  
15 admissions and recitals, the Board, upon formal acceptance of  
16 Respondent's formal stipulation to revocation herein, agrees not  
17 to refile the Accusation of November 13, 1989 against Respondent  
18 in the future nor investigate or take any further disciplinary  
19 action for the acts or omissions of Respondent alleged in the  
20 Accusation of November 13, 1989. The Board agrees not to  
21 commence any other disciplinary action against Respondent for any  
22 acts or omissions of Respondent known to the Board or its  
23 employees or investigators up to and including the effective date  
24 of decision in this case. The Board also agrees it will not  
25 further investigate acts or omissions of Respondent known to the  
26 Board up to the effective date of this decision. The Board  
27 further agrees that except for the offenses for which Respondent

1 is being disciplined in Accusation No. D-4109 it will not raise  
2 at any reinstatement hearing any acts or omissions of Respondent  
3 known to the Board up to and including the effective date of  
4 decision in this case.

5 WHEREFORE, IT IS STIPULATED that the Board may, without  
6 further notice or formal proceeding, issue and enter the  
7 following decision:

8 A. Physician's & Surgeon's Certificate No. G-6248  
9 issued to Respondent Norman King Beals, M.D. is hereby revoked.

10 B. Respondent is aware of California Business &  
11 Professions Code section 2307 which provides, among other things,  
12 that a person whose certificate has been revoked may petition the  
13 Division of Medical Quality for reinstatement after not less than  
14 one year has elapsed from the effective date of the decision  
15 ordering such disciplinary action.

16 C. This Stipulation in settlement shall be subject to  
17 the approval of the Medical Board of California, Department of  
18 Consumer Affairs, State of California. If the Board fails to  
19 approve this Stipulation in settlement, it shall be of no force  
20 and effect for either party.

21 I CONCUR IN THIS STIPULATION IN SETTLEMENT.

22 Dated: March 2, 1990

Eusan Fitzgerald  
EUSAN FITZGERALD  
Deputy Attorney General

Attorney for Complainant

25 I CONCUR IN THIS STIPULATION IN SETTLEMENT.

26 Dated: February 28, 1990

Christopher Marshall  
CHRISTOPHER MARSHALL, ESQ.

Attorney for Respondent Beals

ACKNOWLEDGEMENT

I, Norman King Beals, M.D., have read the above stipulation and counseled with my attorney about it. I enter into the stipulation freely, voluntarily, intelligently, and with full knowledge of its force and effect.

Dated: March 1, 1990

NORMAN KING BEALS, M.D.

Respondent

ORDER

The stipulated revocation of Physician's & Surgeon's Certificate No. G 6248, by respondent Norman King Beals, M.D., is hereby accepted by the Medical Board of California, Department of Consumer Affairs, State of California.

This decision shall become effective on the 21st day of March, 1990.

SO ORDERED this 21st day of March, 1990.

Theresa Claassen

DIVISION OF MEDICAL QUALITY  
Department of Consumer Affairs  
State of California

THERESA CLAASSEN - Secretary/Treasurer

30 MAR 5 1990

1108

1 JOHN K. VAN DE KAMP, Attorney General  
of the State of California  
2 SUSAN FITZGERALD  
Deputy Attorney General  
3 110 West A Street, Suite 700  
San Diego, California 92101  
4 Telephone: (619) 237-7309

5 Attorneys for Complainant  
6  
7

8 BEFORE THE  
9 BOARD OF MEDICAL QUALITY ASSURANCE  
10 DEPARTMENT OF CONSUMER AFFAIRS  
11 STATE OF CALIFORNIA  
12

13 In the Matter of the Accusation	)	NO. <u>D-4109</u>
Against:	)	
14	)	
NORMAN K. BEALS, M.D.	)	<u>ACCUSATION</u>
15 22706 Aspan Street, Suite 501	)	
El Toro, California 92630	)	
16	)	
Physician's & Surgeon's	)	
17 Certificate No. G6248,	)	
18	)	
Respondent.	)	
19	)	

20 COMES NOW Complainant, Kenneth Wagstaff, who as cause  
21 for disciplinary action, alleges:

22 1. Complainant is the Executive Officer of the  
23 California State Board of Medical Quality Assurance ("Board") and  
24 makes and files this accusation solely in his official capacity.

25 LICENSE STATUS

26 2. On or about August 30, 1970, the Board issued  
27 Physician's & Surgeon's Certificate No. G6248 to Norman K. Beals,

1 M.D. ("respondent"), and at all times relevant herein, said  
2 license was and remains paid and current. Respondent is a  
3 supervisor of a physician assistant. That license, #SA10588, has  
4 been, however, in delinquent status since May 31, 1986.

5 PRIOR LICENSE DISCIPLINE

6 3. On April 5, 1973, an Accusation was filed against  
7 Dr. Beals and on April 11, 1975, a Decision became effective  
8 imposing one year of probation. This action was based on the  
9 respondent's employment of unlicensed persons whom he aided and  
10 abetted in the unlicensed practice of medicine.

11 STATUTES

12 4. This accusation references the following sections  
13 of the California Business and Professions Code ("Code"):

14 A. Code section 2234 provides that the Board may  
15 discipline any licensee charged with unprofessional conduct,  
16 which includes, but is not limited to, the following:

17 "(b) gross negligence

18 "(c) repeated negligent acts

19 "(d) incompetence.

20 "(e) commission of any dishonest or corrupt act  
21 substantially related to the qualifications, functions  
22 or duties of a physician surgeon."

23 B. Code section 725 provides, in pertinent part, as  
24 follows:

25 "Repeated acts of clearly excessive prescribing or  
26 administering of drugs or treatment, repeated acts of  
27 clearly excessive use of diagnostic procedures, or

1 repeated acts of clearly excessive use of diagnostic or  
2 treatment facilities as determined by the standard of  
3 the \* \* \* community of licensees is unprofessional  
4 conduct for a physician and surgeon ...."

5 C. Section 4211 of the Code provides, in pertinent  
6 part, that a "dangerous drug" means any drug unsafe for self-  
7 medication ... and includes ... any drug requiring a prescription  
8 in order to be dispensed.

9 D. Code section 2242 provides that prescribing,  
10 dispensing, or furnishing dangerous drugs as defined in section  
11 4211 without a good faith prior examination and medical  
12 indication therefor, constitutes unprofessional conduct.

13 E. Code section 17500 provides, in pertinent part, as  
14 follows:

15 "It is unlawful for any person ... with intent  
16 directly or indirectly ... to perform services,  
17 professional or otherwise, or anything of any nature  
18 whatsoever or to induce the public to enter into any  
19 obligation relating thereto, to make or disseminate or  
20 cause to be made or disseminated before the public in  
21 this state, ... , in any newspaper or other  
22 publication, or any advertising device, or by public  
23 outcry or proclamation, or in any other manner or means  
24 whatever, any statement, concerning such ... services,  
25 professional or otherwise, or concerning any  
26 circumstance or matter of fact connected with the  
27 proposed performance or disposition thereof, which is



1 untrue or misleading, and which is known, or which by  
2 the exercise of reasonable care should be known, to be  
3 untrue or misleading ...."

4 F. Health and Safety Code section 11210, a statute of  
5 this state regulating dangerous drugs or controlled substances,  
6 provides, as relevant hereto, that a physician and surgeon shall  
7 prescribe controlled substances only in such quantity and for  
8 such length of time as are reasonably necessary.

9 G. Code section 2238 provides, as relevant hereto,  
10 that a violation of any of the statutes of this state regulating  
11 dangerous drugs or controlled substances constitutes  
12 unprofessional conduct.

13 H. All of the following require a prescription in  
14 order to be administered or dispensed, and are classified as  
15 dangerous drugs pursuant to Code section 4211:

16 1). estrone - an estrogenic female hormone.

17 2). estradiol - a crystalline steroid possessing  
18 estrogenic properties.

19 3). Estrace - a brand name for micronized  
20 estradiol.

21 4). Depo Provera - a brand name for  
22 medroxyprogesterone acetate, a derivative of  
23 progesterone.

24 5). progesterone - a steroid hormone.

25 6). Premarin - a brand name for conjugated  
26 estrogen.

27 ///

- 1           7). Estraderm - a brand name for a transdermal  
2 delivery system for estradiol.
- 3           8). testosterone - a steroid male hormone.
- 4           9). atropine sulfate - the salt of an alkaloid  
5 obtained from belladonna.
- 6           10). Depo-Medrol - a brand name for  
7 methylprednisolone acetate, an anti-inflammatory  
8 glucocorticoid.
- 9           11). gamma globulin - a human blood protein.
- 10           12). L-Thyroxine - an amino acid obtained from  
11 the thyroid gland.
- 12           13). Synthroid - a brand name for levothyroxine  
13 sodium.
- 14           14). Maxzide - a brand name for triamterene with  
15 hydrochlorothiazide, a potassium conserving diuretic.
- 16           15). Lasix - a brand name for furosemide, a  
17 potent diuretic.
- 18           16). potassium chloride - potassium in  
19 crystalline salt form.
- 20           17). K-lyte - a brand name for potassium as  
21 bicarbonate and citrate.
- 22           18). Hyosphen - a brand name for belladonna and  
23 phenobarbital.
- 24           19). Vistaril - a brand name for hydroxyzine  
25 hydrochloride.

26 ///

27 ///

1           20). Xanax - a brand name for alprazolam. Xanax  
2           is also a Schedule IV controlled substance under  
3           California Health and Safety Code section 11057.

4           FACTS CONCERNING PATIENTS

5           5. Respondent is subject to disciplinary action  
6           pursuant to the above-cited Code sections, as more particularly  
7           alleged below:

8           A. Patient B. M.

9           1. On June 17, 1988, B. M. became a  
10          patient of respondent after receiving a pamphlet from  
11          respondent's clinic, HRT-Women's Health Care Center, in El Toro,  
12          California.

13          2. B. M. was 56 years old at the time with  
14          history of a hysterectomy and was being treated with Estroderm  
15          patches and thyroid pills. She told Dr. Beals of this medical  
16          background.

17          3. At no time during her visit to respondent on  
18          June 17, 1988, or at any other time during his treatment of her,  
19          did respondent or any employee of respondent take a complete and  
20          adequate medical history of Mrs. M.

21          4. At no time during her visit to respondent on  
22          June 17, 1988 or at any other time during his treatment of her,  
23          did respondent give Mrs. M. a physical examination.

24          5. On her visit to respondent of June 17, 1988, Mrs.  
25          M. was seen and treated by a female employee of  
26          respondent. Respondent never saw her on that date.

27          ///

1           6. At no time on June 17, 1988 or at any time during  
2 his treatment of Mrs. M██████ did respondent or any of his  
3 employees discuss the potential risks and side-effects from  
4 hormone replacement therapy ("HRT").

5           7. On June 17, 1988, without adequate medical history,  
6 physical examination or any diagnostic laboratory tests,  
7 respondent, through his employees, started giving Mrs. M██████  
8 injections of hormones and prescriptions for more hormones plus  
9 other dangerous drugs.

10           8. On June 17, 1988, respondent, through his  
11 employees, ordered an excessive number of laboratory tests for  
12 Mrs. M██████ This laboratory work was done at HRT Lab, Inc.,  
13 which corporation bears the same address of 22706 Aspan Street,  
14 Suite 501, El Toro, California as respondent's "clinic".  
15 Respondent was and is the director of that laboratory.

16           9. During his treatment of her, respondent  
17 administered and prescribed an excessive amount of hormones to  
18 B██████ M██████

19           10. During his treatment of Mrs. M██████ respondent  
20 administered, dispensed or prescribed K-lyte, Lasix, and Depo-  
21 medrol with no adequate medical indication to do so.

22           11. On June 24, 1988 and July 1, 1988 respondent gave  
23 Mrs. M██████ injections of gamma globulin with no adequate  
24 medical indication to do so.

25           12. On July 1, and 2, 1988 Mrs. M██████ informed  
26 respondent of possible side effects from the drugs respondent was

27 ///

1 giving her, including a severe adverse reaction the night of  
2 July 1, 1988.

3 13. When Mrs. M. [REDACTED] tried to inform respondent on  
4 the morning of July 2, 1988 of her problems the night before,  
5 respondent could not be contacted by his office or answering  
6 service and no other doctor was covering for him.

7 14. When respondent finally contacted Mrs. M. [REDACTED]  
8 at approximately 5:30 p.m. on July 2, 1988, she told him of  
9 severe shakes, chills, nausea, and heart pounding, to which  
10 respondent advised that her body had just gone through a trauma  
11 from a virus which she had obviously thrown off and that if she  
12 had another reaction she should go to a hospital and get a gamma  
13 globulin shot.

14 B. Patient L. [REDACTED] W. [REDACTED]

15 1. On October 14, 1987, L. [REDACTED] W. [REDACTED] became a patient  
16 of respondent at the HRT-Women's Health Care Center in El Toro,  
17 California.

18 2. Ms. W. [REDACTED] was 38 years old at the time and went to  
19 respondent for treatment of premenstrual syndrome-("PMS").

20 3. At no time during her visit to respondent on  
21 October 14, 1987, or at any other time during his treatment of  
22 her, did respondent or any employee of respondent take a complete  
23 and adequate medical history of L. [REDACTED] W. [REDACTED].

24 4. At no time during her visit to respondent on  
25 October 14, 1987 or at any other time during his treatment of  
26 her, did respondent give L. [REDACTED] W. [REDACTED] a physical examination.

27 ///

1           5. On her visit to respondent of October 14, 1987, Ms.  
2 W█████ was seen and treated by a female employee of respondent.  
3 Respondent never saw her on that date.

4           6. At no time on October 14, 1987 or at any time  
5 during his treatment of Ms. W█████ did respondent or any of his  
6 employees discuss the potential risks and side-effects from HRT.

7           7. On October 14, 1987, without adequate medical  
8 history, physical examination or any diagnostic laboratory tests,  
9 respondent and/or his employee, started giving Ms. W█████  
10 injections of hormones and prescriptions for more hormones plus  
11 other dangerous drugs.

12           8. On October 14, 1987, respondent ordered an  
13 excessive number of laboratory tests for L█████ W., which lab  
14 tests were done at HRT Lab, Inc.

15           9. During his treatment of her, respondent  
16 administered and prescribed an excessive amount of hormones to  
17 L█████ W█████.

18           10. During his treatment of Ms. W█████ respondent  
19 administered, dispensed or prescribed Maxzide and K-lyte with no  
20 adequate medical indication to do so.

21           11. Respondent knew or should have known that the  
22 combination of Maxzide and K-lyte which he prescribed,  
23 administered or dispensed to L█████ W█████ created potential  
24 serious harm to his patient from excessive potassium.

25           12. On October 21, 1987, respondent prescribed Xanax  
26 for L█████ W█████ with no adequate medical indication to do so or  
27 without adequate recordation of an adequate medical indication.

1           13. On October 21, 1987 respondent excessively  
2 prescribed 40, 1 mg. tablets of Xanax for L█████ W█████.

3           14. On October 14, 1987, respondent prescribed,  
4 administered or dispensed Synthroid and/or L-Thyroxine to  
5 L█████ W█████ with no medical indication to do so.

6           15. Respondent knew or should have known by October  
7 21, 1987 that the laboratory tests of Ms. W█████ showed normal  
8 and/or non-diagnostic thyroid function. Respondent, however,  
9 continued his patient on Synthroid and/or L-Thyroxine after that  
10 date.

11           16. Respondent diagnosed L█████ W█████ as hypoglycemic  
12 with no medical indication for that diagnosis. In fact, she was  
13 not hypoglycemic.

14           17. Respondent diagnosed L█████ W█████ as  
15 hypoestrogenemic with no medical indication for that diagnosis.

16           18. On October 17, 1987 Respondent administered  
17 atropine to Ms. W█████ with no adequate medical indication to do  
18 so or without recordation of adequate medical indication.

19           19. On or about October 28, 1987 and again on November  
20 4, 1987 Ms. W█████ reported possible side effects from the drugs  
21 respondent was giving her. She was able to speak only to a  
22 female employee of respondent on those occasions and despite  
23 severe cramping, swollen and tender breasts, and worsening PMS  
24 L█████ W█████ was continued on hormone treatments by injection and  
25 orally.

26           20. On November 12, 1987, despite complaint of feeling  
27 very ill, respondent advised Ms. W█████ to increase her dosage of

1 progesterone to three times per week and to take it every day if  
2 she had no relief. [REDACTED] W [REDACTED] continued to feel increasingly  
3 worse until she decided to stop all medications prescribed or  
4 administered by respondent.

5 C. Patient M [REDACTED] S [REDACTED]

6 1. On October 12, 1987 M [REDACTED] S [REDACTED] became a  
7 patient of respondent with complaints of fatigue, a craving for  
8 sweets, persistent pain in her left abdominal area, and PMS.

9 2. Ms. S [REDACTED] was 27 years old at the time, with a  
10 history of mitral valve prolapse and medication with 40 mg.  
11 Inderal three times a day for eight years, all of which she told  
12 respondent on her first visit.

13 3. At no time during her visit to respondent on  
14 October 12, 1987, or at any other time during his treatment of  
15 her, did respondent or any employee of respondent take a complete  
16 and adequate medical history of Ms. S [REDACTED].

17 4. At no time during her visit to respondent on  
18 October 12, 1987, or at any other time during his treatment of  
19 her, did respondent give Ms. S [REDACTED] a physical examination.

20 5. At no time on October 12, 1987, or at any time  
21 during his treatment of M [REDACTED] S [REDACTED], did respondent or any  
22 of his employees discuss the potential risks and side-effects  
23 from HRT.

24 6. On October 12, 1987, without adequate medical  
25 history, physical examination or any diagnostic laboratory tests,  
26 respondent and/or his employee started giving M [REDACTED] S [REDACTED]  
27 injections of hormones and a further hormone prescription for



1 0.5 mg. Premarin tablets, which respondent told her to take once  
2 or twice a day or up to six a day, if necessary.

3 7. On October 12, 1987, respondent ordered an  
4 excessive number of laboratory tests for Ms. S██████████. The lab  
5 tests were done at HRT Lab, Inc.

6 8. During his treatment of her, respondent  
7 administered and prescribed an excessive amount of hormones to  
8 Ms. S██████████.

9 9. Respondent diagnosed Ms. S██████████ as  
10 hypoestrogenemic with no medical indication for this diagnosis.  
11 In fact, M██████████ S██████████ was not hypoestrogenemic.

12 10. Respondent also diagnosed Ms. S██████████ as  
13 suffering from both adrenal failure and hormone imbalance with no  
14 medical indication for this diagnosis. In fact, M██████████  
15 S██████████ did not have adrenal failure or a hormone imbalance.

16 11. On or about October 19, 1987, Ms. S██████████  
17 reported to respondent that she had the shakes,  
18 disorientation/panic attacks, and what felt like adrenalin  
19 rushes. Respondent advised her she had too much testosterone in  
20 her system when, in fact, respondent knew or should have known  
21 that the laboratory results showed a non-diagnostic and/or normal  
22 level of testosterone as well as normal levels of other hormones.  
23 Respondent then increased Ms. S██████████ injections of estrone  
24 and estradiol.

25 12. Both during office visits to respondent after  
26 October 19, 1987 and in telephone calls to respondent's office in  
27 between office visits, Ms. S██████████ continued to complain of

1 shakiness, heart palpitations and panic attacks. These  
2 complaints were not recorded in her medical records.

3 D. Patient C. [REDACTED] F. [REDACTED]

4 1. On February 22, 1989, C. [REDACTED] F. [REDACTED] became a patient  
5 of respondent with complaints of often feeling cold and tired and  
6 lack of energy. She thought she might be anemic or have low  
7 thyroid.

8 2. At the time of her visit to respondent, Ms. F. [REDACTED] was  
9 35 years old, engaged to be married, and desired to have children  
10 from that marriage.

11 3. At no time during her office visit to respondent on  
12 February 22, 1989 or on her next office visit approximately a  
13 week later did respondent ever give Ms. F. [REDACTED] a physical  
14 examination. In fact, on February 22, 1989 respondent told Ms.  
15 F. [REDACTED] that her symptoms were typical of PMS and that her only  
16 relief would be through his treatment with hormones.

17 4. Respondent further told Ms. F. [REDACTED] on February 22,  
18 1989, that she would have to have an injection once a week for  
19 the rest of her life and would have to take oral diuretics, gamma  
20 globulin, B-12, and Depo-provera. Respondent further told Ms.  
21 F. [REDACTED] on February 22, 1989 that if she did not start his hormone  
22 treatment program that she probably would not have children or,  
23 if she did, they would be malformed. All of these statements by  
24 respondent seriously upset and scared Ms. F. [REDACTED].

25 5. At no time on February 22, 1989 or at any time  
26 thereafter did respondent or any of his employees discuss the  
27 potential risks and side-effects of HRT.

1           6. On February 22, 1989 respondent ordered an  
2 excessive number of laboratory tests for Ms. F. The lab tests  
3 were done at HRT Lab, Inc.

4           7. On Ms. F's return visit to respondent for her  
5 laboratory results, approximately one week after February 22,  
6 1989, respondent told Ms. F her estrogen level was dangerously  
7 low, she was about to fall off a cliff, and again told her that  
8 without his program she probably would not get pregnant or  
9 probably would have deformed children.

10           8. Respondent also told Ms. F at this time that she  
11 had herpes when, in truth and fact, she does not.

12           9. Respondent's medication of Ms. F altered her  
13 expected menstrual period. When her period started she noted a  
14 large blood clot and became concerned about a possible  
15 miscarriage. She contacted respondent (by telephone) who refused  
16 to examine the clot, got very angry at Ms. F for discontinuing  
17 his program and hung up on her.

18           E. PATIENT L. H.

19           1. On March 2, 1988, L. H. became a patient of  
20 respondent at HRT-Women's Health Care Center in El Toro,  
21 California.

22           2. Ms. H. was 33 years old at the time, is 5'8"  
23 tall and weighed 121 lbs. She went to respondent with complaints  
24 of indigestion with gas and excessive hair loss. Ms. H. had  
25 no children but desired to have children in the future.

26           3. At no time during her visit to respondent on March  
27 2, 1988, or at any time during his treatment of her, did

1 respondent or any employee of respondent take a complete and  
2 adequate medical history of L. H.

3 4. At no time during her visit to respondent on  
4 March 2, 1988, or at any other time during his treatment of her,  
5 did respondent or any other qualified medical doctor give  
6 L. H. an adequate physical examination.

7 5. At no time on March 2, 1988 or at any time during  
8 his treatment of Ms. H. did respondent or any of his  
9 employees discuss the potential risks and side-effects from HRT.

10 6. On March 2, 1988, without adequate medical history,  
11 adequate physical examination or any diagnostic laboratory test,  
12 respondent and/or his employee started giving L. H., among  
13 other things, injections of hormones and prescriptions for  
14 Premarin, thyroid and Lasix.

15 7. On March 10, 1988, with no medical indication to do  
16 so and/or no adequate recordation of medical indication,  
17 respondent diagnosed Ms. H. as having cervicitis, depression,  
18 PMS and ovarian failure.

19 8. On or about March 20, 1988, Ms. H. broke out in  
20 a rash all over her body. She went to see respondent that day,  
21 who continued her on the hormone injections and previously  
22 prescribed medications and gave her, additionally, at least a  
23 gamma globulin injection.

24 9. On April 18, 1988 Ms. H. again complained of a  
25 rash on her legs, arms and chest. Respondent continued the  
26 hormone injections and the previously prescribed oral

27 ///

1 medications and added oral progesterone and Zantac to his  
2 prescriptions for her.

3 F. PATIENT G. H.

4 1. On May 2, 1989, G. H. became a patient of  
5 respondent. Ms. H. had had a hysterectomy about two years  
6 before May of 1989 and felt she was basically well, but suffering  
7 some mood swings.

8 2. At on time during her visit to respondent on May 2,  
9 1989, or at any time during his treatment of her did respondent  
10 or any employee of his take a complete and adequate medical  
11 history.

12 3. At no time during her visit to respondent on May 2,  
13 1989 or at any other time during his treatment of her, did  
14 respondent give Ms. H. an adequate physical examination.

15 4. On the May 2, 1989 visit, respondent, without  
16 waiting for the results of laboratory tests, told Ms. H.  
17 that he could tell she was "definitely depleted", and that there  
18 were only 24 other doctors in the United States doing this kind  
19 of hormone replacement therapy.

20 5. On May 2, 1989, without adequate medical history,  
21 physical examination or any diagnostic laboratory tests,  
22 respondent started giving Ms. H. injections of hormones,  
23 Vitamin B, and an anti-inflammatory drug for arthritis.

24 6. At no time on May 2, 1989 or at any time during his  
25 treatment of her did respondent or any of his employees discuss  
26 the potential risks and side-effects from HRT.

27 ///

1           7. Shortly after beginning HRT with respondent, Ms.  
2 H█████ started gaining weight. Respondent gave her increasing  
3 dosages of diuretics and Ms. H█████ did not urinate normally  
4 during the entire time she was treated by respondent.

5           8. Approximately one month after starting treatment  
6 with respondent, Ms. H█████ developed what she thought looked  
7 like a blood clot in her leg. She requested to see respondent  
8 about her leg during her weekly visit and was told by one of  
9 respondent's employees that Dr. Beals was too busy to see her,  
10 that the leg looked like phlebitis and that she should stay off  
11 her feet. Respondent diagnosed phlebitis the next week, and  
12 thereafter attempted to have Ms. H█████ sign a form saying that  
13 if she developed, among other things, heart disease or blood  
14 clots that she would go to another physician. An employee of  
15 respondent told Ms. H█████ that if she did not sign the form  
16 that respondent would not give her HRT.

17           9. On or about August 8, 1989 and again approximately  
18 one or two weeks later, Ms. H█████ complained to respondent that  
19 she was feeling really sick, weak, tired and that she had a  
20 severe rash. Respondent drew blood for more blood tests during  
21 the mid-August office visit of Ms. H█████. She was told that  
22 she owed another \$710 for that work.

23           10. On or about September 4, 1989, Ms. H█████ called  
24 respondent to tell him that she still felt very ill, was  
25 vomiting, still had the rash, that her leg hurt and that she  
26 needed an appointment. Ms. H█████ also wanted the results of  
27 her most recent blood tests. She was told by respondent's

1 employee that the blood had never been sent to the laboratory  
2 because of Ms. H[REDACTED]'s unpaid bill and that respondent could  
3 not see her unless she made larger payments.

4 11. After Ms. H[REDACTED]'s insurance company paid  
5 respondent, an employee of respondent called Ms. H[REDACTED] and told  
6 her that respondent could see her again.

7 12. On or about September 12, 1989, Ms. H[REDACTED]  
8 returned to see respondent to question him about the cancelled  
9 laboratory work and his treatment of her. Dr. Beals got angry  
10 and told his patient that he did not have to carry anyone and  
11 that he had poor judgment to accept her as a patient. When Ms.  
12 H[REDACTED] tried to obtain her medical records from respondent as  
13 she left his office that day, she was told that she could not  
14 have them until her bill was paid in full.

15 13. On or about September 18, 1989, Ms. H[REDACTED] went  
16 back to her regular physician who she had seen one week earlier.  
17 He stated to her that the blood tests he ran on her showed that  
18 she had developed hepatitis due to an overabundance of hormones  
19 to the liver.

20 VIOLATIONS CONCERNING PATIENTS

21 6. Grounds exist for revocation or other discipline of  
22 respondent's license to practice medicine in that respondent  
23 committed gross negligence or repeated negligent acts and/or  
24 demonstrated incompetence by failing to take an adequate medical  
25 history before starting treatment, as alleged in paragraphs  
26 5(A)(3) regarding B[REDACTED] M[REDACTED], 5(B)(3) regarding  
27 I[REDACTED] W[REDACTED], 5(C)(3) regarding M[REDACTED] S[REDACTED], 5(E)(3)

1 regarding L█████ H█████, and 5(E)(2) regarding G█████ H█████, which  
2 violates Code section 2234.

3           7. Further grounds exist for revocation or other  
4 discipline of respondent's license in that respondent committed  
5 gross negligence or repeated negligent acts and/or demonstrated  
6 incompetence by failing to conduct an adequate physical  
7 examination before starting treatment, as alleged in paragraphs  
8 5(A)(4) regarding B█████ M█████, 5(B)(4) regarding  
9 L█████ W█████, 5(C)(4) regarding M█████ S█████, 5(D)(3)  
10 regarding C█████ F█████, 5(E)(4) regarding L█████ H█████ and 5(F)(3)  
11 regarding G█████ H█████, which violates Code section 2234.

12           8. Further grounds exist for revocation or other  
13 discipline of respondent's license in that respondent prescribed,  
14 dispensed, or furnished dangerous drugs without a good faith  
15 prior examination and medical indication therefor, as alleged in  
16 paragraphs 5(A)(7), (10), and (11) regarding B█████ M█████,  
17 5(B)(7), (10), (12), (14), (15), (18), and (20) regarding  
18 L█████ W█████, 5(C)(6) and (11) regarding M█████ S█████,  
19 5(E)(6) regarding L█████ H█████ and 5(F)(5) regarding G█████ H█████,  
20 which violates Code section 2242.

21           9. Further grounds exist for revocation or other  
22 discipline of respondent's license in that respondent committed  
23 gross negligence or repeated negligent acts and/or demonstrated  
24 incompetence by failing to discuss at any time the potential  
25 risks and side-effects from HRT, as alleged in paragraphs 5(A)(6)  
26 regarding B█████ M█████, 5(B)(6) regarding L█████ W█████,  
27 5(C)(5) regarding M█████ S█████, 5(D)(5) regarding



1 [REDACTED], 5(E)(5) regarding L [REDACTED] H [REDACTED], and 5(F)(6) regarding  
2 G [REDACTED] H [REDACTED], which violates Code section 2234.

3 10. Further grounds exist for revocation or other  
4 discipline of respondent's license in that respondent committed  
5 gross negligence or repeated negligent acts and/or demonstrated  
6 incompetence by failing to recognize and appropriately act on  
7 probable adverse drug reactions experienced by his patients, as  
8 alleged in paragraphs 5(A)(12), (13), and (14) regarding  
9 B [REDACTED] M [REDACTED], 5(B)(19) and (20) regarding L [REDACTED] W [REDACTED],  
10 5(C)(11) and (12) regarding M [REDACTED] S [REDACTED], 5(E)(8) and (9)  
11 regarding L [REDACTED] H [REDACTED] and 5(F)(7) and (8) regarding G [REDACTED] H [REDACTED],  
12 which violates Code section 2234.

13 11. Further grounds exist for revocation or other  
14 discipline of respondent's license in that respondent committed  
15 gross negligence or repeated negligent acts and/or demonstrated  
16 incompetence by starting hormone and/or other dangerous drug  
17 therapy of his patients without adequate medical history,  
18 adequate physical examination or the results of diagnostic  
19 laboratory tests, as alleged in paragraphs 5(A)(7) regarding  
20 B [REDACTED] M [REDACTED], 5(B)(7) regarding L [REDACTED] W [REDACTED], 5(C)(6)  
21 regarding M [REDACTED] S [REDACTED], 5(E)(6) regarding L [REDACTED] H [REDACTED] and  
22 5(F)(4) and (5) regarding G [REDACTED] H [REDACTED], which violates Code  
23 section 2234.

24 12. Further grounds exist for revocation or other  
25 discipline of respondent's license in that respondent repeatedly  
26 excessively prescribed or administered drugs or treatment, as  
27 alleged in paragraphs 5(A)(9), (10), and (11) regarding

1 B [REDACTED] M [REDACTED], 5(B)(9, (10), (12), (13), (14), (15), and  
2 (18) regarding L [REDACTED] W [REDACTED] and 5(C)(8) and (11) regarding  
3 M [REDACTED] S [REDACTED], which violates Code section 725.

4 13. Further grounds exist for revocation or other  
5 discipline of respondent's license in that respondent committed  
6 repeated acts of clearly excessive use of diagnostic procedures,  
7 as alleged in paragraphs 5(A)(8) regarding B [REDACTED] M [REDACTED],  
8 5(B)(8) regarding L [REDACTED] W [REDACTED], 5(C)(7) regarding  
9 M [REDACTED] S [REDACTED], and 5(D)(6) regarding C [REDACTED] F [REDACTED], which  
10 violates Code section 725.

11 14. Further grounds exist for revocation or other  
12 discipline of respondent's license in that respondent committed  
13 gross negligence or repeated negligent acts and/or demonstrated  
14 incompetence by improperly delegating his medical responsi-  
15 bilities to others, as alleged in paragraphs 5(A)(5), (7), and  
16 (8) regarding B [REDACTED] M [REDACTED], 5(B)(5), (7), and (19) regarding  
17 L [REDACTED] W [REDACTED], 5(C)(6) regarding M [REDACTED] S [REDACTED], 5(E)(6)  
18 regarding L [REDACTED] H [REDACTED], and 5(F)(8) regarding G [REDACTED] H [REDACTED].

19 15. Further grounds exist for revocation or other  
20 discipline of respondent's license with respect to his treatment  
21 of B [REDACTED] M [REDACTED] as follows:

22 A. In that respondent committed gross negligence or  
23 repeated negligent acts and/or demonstrated incompetence by  
24 prescribing and administering dangerous drugs to Mrs. M [REDACTED]  
25 with no adequate medical indication to do so, as alleged in  
26 paragraphs 5(A)(10) and (11), which violates Code section 2234;

27 ///

1 B. By being unavailable to Ms. M [REDACTED] in an  
2 emergency and not providing for another physician to cover for  
3 him, which violates Code section 2234.

4 16. Further grounds exist for revocation or other  
5 discipline of respondent's license with respect to his treatment  
6 of L [REDACTED] W [REDACTED] as follows:

7 A. In that respondent committed gross negligence  
8 and/or demonstrated incompetence by prescribing, administering or  
9 dispensing to L [REDACTED] W [REDACTED] a combination of Maxzide and K-lyte, as  
10 alleged in paragraph 5(B)(11), which violates Code section 2234;

11 B. In that respondent committed gross negligence or  
12 repeated negligent acts and/or demonstrated incompetence by  
13 diagnosing L [REDACTED] W [REDACTED] as both hypoglycemic and hypoestrogenemic  
14 with no medical indication for those diagnoses, as alleged in  
15 paragraphs 5(B)(16) and (17), respectively, which violates Code  
16 section 2234;

17 C. In that respondent prescribed a controlled  
18 substance, Xanax, to L [REDACTED] W [REDACTED] in quantity and for a length of  
19 time that was not reasonably necessary, as alleged in paragraphs  
20 5(B)(12) and (13), which violates California Health and Safety  
21 Code section 11210.

22 17. Further grounds exist for revocation or other  
23 discipline of respondent's license with respect to his treatment  
24 of G [REDACTED] H [REDACTED] in that respondent committed gross negligence or  
25 repeated negligent acts and/or demonstrated incompetence by his  
26 behavior regarding his patient G [REDACTED] H [REDACTED] from approximately  
27 August 8, 1989 until she terminated as his patient approximately

1 patient approximately the middle of September, 1989, as alleged  
2 in paragraph 5(F)(9), (10), (11), (12), and (13), which violates  
3 Code section 2234.

4                                   FACTS CONCERNING FALSE OR  
5                                   MISLEADING STATEMENTS UNDER  
6                                   CODE SECTION 17500

7                   18. Respondent is further subject to disciplinary  
8 action pursuant to Code section 17500 for false or misleading  
9 statements in that on or about October 3, 1989, at 23021 Lake  
10 Center Drive, El Toro, California, respondent delivered a public  
11 lecture on the subject of hormone replacement therapy and other  
12 related hormone problems in which he made the following false or  
13 misleading statements:

14                   A. Between the ages of 32 and 37 most females start  
15 losing their hormones;

16                   B. That a person's estrogen and testosterone make  
17 their own gamma globulin;

18                   C. That testosterone must go up 200 to 600 times  
19 normal in order to sustain a pregnancy;

20                   D. That there is a relationship between the number of  
21 pregnancies and the frequency of them and ovarian failure;

22                   E. That the average woman, after tubal ligation, loses  
23 40 to 60 percent of her blood supply to the ovaries;

24                   F. The suggestion that tonsillitis or scarlet fever  
25 are likely to reduce or destroy ovarian functions;

26                   G. That painful menstrual periods are a sign of  
27 weakened estrogen level;

28 ///

1           H. That when estrogen in the female or testosterone in  
2 the male decline then the thyroid level is also pulled down;

3           I. The suggestion that the humane immune system can be  
4 boosted by sex hormones;

5           J. That hormone replacement therapy can help restore  
6 or improve hearing;

7           K. That 80% of the women that die in the United States  
8 each year from breast cancer would not have to die if they had  
9 natural progesterone and natural estrogen;

10          L. The suggestion that gamma globulin is used in  
11 medicine today in the treatment of infectious mononucleosis and  
12 measles in the first trimester of pregnancy;

13          M. The suggestion that a woman feels her best during a  
14 normal pregnancy and that this is due to the increase of hormones  
15 that accompany pregnancy;

16          N. The suggestion that because male gonads are "down  
17 in a tunnel" that the only infection that can get through is a  
18 virus;

19          O. The suggestion that low estrogen and progesterone  
20 cause fibrocystic disease of the breast and ovaries;

21          19. Further grounds exist for revocation or other  
22 discipline of respondent's license in that his treatment of  
23 patients by hormone injections and prescriptions before he has  
24 test results on their hormone levels, his excessive use of  
25 diagnostic procedures, his excessive use of hormone injection  
26 treatments, and his false and misleading advertising designed to  
27 promote business for himself show a pattern of dishonest and/or

1 corrupt acts substantially related to the qualifications,  
2 functions or duties of a physician or surgeon, which constitutes  
3 repeated violations of Code section 2234(e).

4 WHEREFORE, complainant requests that a hearing be held  
5 on the matters alleged herein and that following that hearing the  
6 Division issue a decision revoking Physician's and Surgeon's  
7 Certificate No. G6248, heretofore issued to respondent,  
8 Norman King Beals, M.D. and, taking such other and further action  
9 as the Division deems necessary and proper.

10 Dated: Nov. 13, 1989

11  
12 Lucan Fitzgerald for/  
13 KEN WAGSTAFF  
14 Executive Director  
15 Division of Medical Quality  
16 Board of Medical Quality Assurance  
17 Department of Consumer Affairs  
18 State of California  
19  
20  
21  
22  
23  
24  
25  
26  
27

03573110-  
SD89AD0680